



# An Outbreak of AIDS Remedies



The last six months has seen an explosion in reports on drugs and treatment regimes designed to slow AIDS and clear up its symptoms.

The most successful remedies have been reported in the alternative press, while the popular newspapers are making suggestions of AIDS cures just around the corner.

Many of these reports are treated only as sensational news items to be quickly forgotten as if they were only fads. With an issue as important as AIDS, in which thousands of lives are at stake, one might think that researchers and the media would leap onto claims for 'cures' and assorted remedies with more noble aims, either to examine their worth in saving lives or to disprove them.

Some of the more natural treatments involve derivatives of plant products, including soybeans, Japanese mushrooms and the bark from a Brazilian tree, Taheebo. Taheebo tea is a powerful diuretic used in the elimination of fungal infections from the body.

Most popular of all are the anti-viral drugs, such as Ribavirin and Suramin, but these drugs are not readily available in the U.S. and AIDS sufferers have had to go to Mexico, France or Israel to procure them. Both Ribavirin and Suramin have failed by themselves. An international health conference held in Melbourne in March claimed Ribavirin *only works if used in conjunction with extracts of the thymus gland of children.*

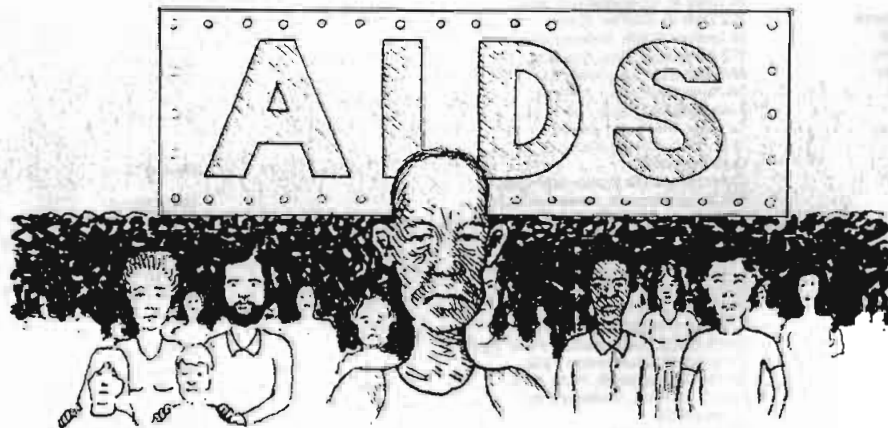
causing them to produce a T-cell growth factor, interleukin-2 (IL-2) and to generate IL-2 receptors. Leukaemic and AIDS-susceptible T-cells already have the IL-2 receptors.

IL-2 was discovered in the early 1980s. It was also being touted in early April this year as a cancer cure, but was quickly slammed for its poor results (including a few deaths). The effects of IL-2 treatment sounded suspiciously like the symptoms of AIDS.

Another drug being experimented with is AZT, a product of the lucrative bioengineering laboratories. AZT is not claimed to cure AIDS, but to slow down the progress of AIDS symptoms by a few months. AZT is being sought by AIDS sufferers in the hope of extending their chances of surviving until a time that a proper cure for AIDS is found, but AZT has very serious side effects, including the suppression of bone marrow production of red blood cells. AIDS is a suppression of T-4 white blood cells by the virus HIV.

In March there was a report from New York of forthcoming worldwide vaccine developments for containing AIDS. Dr Daniel Zagury, a French scientist working in Zaire, injected himself with a vaccine to test for its side effects. Dr Allan Goldstein of George Washington University in Washington has also injected himself with a vaccine he developed, called HGP-30, which is made from a part of the AIDS virus' protein shell.

Then there is the megavitamin therapy of Dr Robert Cathcart, a renowned orthopaedic surgeon in Los Altos, California. Following Linus Pauling's work with high doses of vitamin C and cancer, Cathcart achieved good success with AIDS symptoms. Cathcart reported: "I started giving massive doses of vitamin C to AIDS patients. I used it intravenously and the effect was amazing. The lesions on the skin started to fade out right in front of your eyes". Cathcart has treated about 50 AIDS patients and 30 of them are still alive. However, when the vitamin C therapy was stopped,



There are about a dozen different experimental drugs that desperate AIDS sufferers in the United States have resorted to out of frustration with a medical establishment that not only offers no effective treatment, but also pours disdain on alternative therapies.

One treatment involves the application of a mixture containing DNCB directly onto the skin cancer, Kaposi's sarcoma, which is often associated with AIDS. DNCB is short for dinitrochlorobenzene, which is a photographic chemical.

The use of DNCB has led to the remission of cancer symptoms in at least one patient.

Another drug, isoprinosine, increases the number and efficiency of T-cells, thus bolstering the immune system. Isoprinosine began formal testing in Sweden and in Sydney in February this year.

Another experimental drug, AL-721, is thought to attach to the T-4 cells which become diseased with AIDS. Some clinics in the US have issued recipes for making an home-made approximation of AL-721 in the form of an edible paste which you can spread like peanut butter onto bread.

According to naturopathic theory, bread is one of the worst foods you can eat because it contains lectins, proteins which latch onto T-cells,

the skin lesions returned after about a month.

Another megadose therapy was tried with success, this time with penicillin. Two German immunologists cleared all symptoms of AIDS in patients over a three-week period of treatment. Another German apparently cured two AIDS patients by regularly infusing a pint of their blood with ozone. A couple of months of such ozone therapy returned normal AIDS-free blood.

The neurochemical and electrical effects of ozone therapy parallel those of the hyperoxygenation therapy developed by some Sydney rebirthers. Although the therapy was developed a couple of years ago, it has not been used extensively with AIDS sufferers. The therapy, known as Acquired Immune Resistance, or AIR for short, involves special breathing techniques and other psychological techniques for strengthening the immune system.

The new science of psychoneuroimmunology (PNI) has been examining the effects that the mind has in producing neurochemicals which have specific effects on the immune system. There have been several international conferences on PNI, with research results significant for the cure of cancer and AIDS.

PNI helps to explain the work being done by a Sydney psychotherapist who uses meditation and visualization techniques to improve the immune system. She has been successful in reversing some of the symptoms of AIDS and cancer sufferers.

### THE CANDIDA LINK

Work is being done in Sydney by several naturopaths on infections of the body by the yeast *Candida albicans*. One naturopath helped many AIDS sufferers achieve complete remission of AIDS symptoms by putting them on anti-yeast diets. The diet of vegetables, free-range meats and fruits has its side effects: toxic discharges of yeast-infected fluids and flatulence.

The theory of the AIDS-Candida link is spelled out in a paper by ecologist John Sword, currently living in Canberra. In Sword's paper, mistakes in the research of AIDS-virus discoverer Dr Robert Gallo are exposed and a new theory of the origin of AIDS is

constructed. In all cases of AIDS, the immune system is under attack by the *Candida* yeast, which secretes a poisonous lectin called PHA which weakens the T-cells by stimulating response to IL-2. Many foods contain lectins, notably grasses, sprouting grains and soybean products but some of the AIDS remedies and immune system stimulants also come from the same family. By one estimate, about 80% of people suffer from *Candida* infections of the body. This seems to be due to the overconsumption of grain products in the human diet, as well as the ingestion of chemicals in our food, especially antibiotics and anabolic steroids.

Scientists have been unable to contaminate any other mammal species with the AIDS virus (but chimpanzees, which are coming close to extinction, have developed antibodies to AIDS). It is worth noting that the so-called opportunistic infections which beset AIDS sufferers are chiefly fungoidal and yeast infections of the skin and mucous membranes and protozoan infections of the lungs - pneumonia.

Another Sydney practitioner has tried many of the above regimes for patients suffering with AIDS and Candidiasis, including megavitamin therapy. Although these treatments have alleviated the symptoms of AIDS, the condition is only treated completely by starving out *Candida albicans* and establishing a proper balance of minerals and vitamins in the body.

Any treatment for Candidiasis is best conducted under the guidance of an experienced naturopath, but fresh garlic has been found to have a general anti-fungal, anti-yeast effect on the body and to tone up the immune system. Any treatment for AIDS must be supervised by a medical practitioner.

AIDS and highly contagious diseases come under the Prescribed Diseases Legislation. It is illegal to claim to cure AIDS. The medical profession also wages a war on naturopaths who treat AIDS patients without medical supervision and on those who try to treat themselves.

The link between *Candida* and AIDS is well established enough to have helped some AIDS sufferers overcome their affliction. In Sydney already there is an underground gay group who practise and advise on alternative AIDS treatments.

The real mystery is why the

*Candida* link hasn't been pursued by those who are searching for AIDS cures. Candidiasis is very evident in hairy leukoplakia, a pre-AIDS condition affecting the tongue or mucous lining of the mouth. Research is concentrating on the "snip and splice" methods of genetic engineering, because this is where the money is.

### THE MONEY LINK

There were two teams of researchers who discovered the AIDS virus, one headed by Dr Robert Gallo in the U.S.A. and the other by Dr Luc Montagnier in France. The U.S. team discovered it first but kept their discovery secret because of the lucrative nature of government subsidized AIDS research. The U.S. government has already allocated \$230 million in its 1988 budget for AIDS research.

In 1984, when the French team announced to the world that they had finally discovered the AIDS virus, Gallo's team felt upstaged by the French and announced in retaliation that they had discovered the AIDS virus the previous year, which was true. What was at stake was the patent rights to the AIDS antibody test.

The dispute between the French and U.S. teams over who should collect the royalties for use of the test was finally resolved in April this year when Jacques Chirac (French P.M.) and Ronald Reagan agreed that the royalties for the AIDS antibody test would be split 50-50 between the two countries.

Critics claim that this dispute over patenting has held back the discovery of an AIDS vaccine for up to five years. In the meantime, thousands have died.

No matter what antidotes or vaccines are developed, the AIDS virus can mutate to escape control. A new AIDS virus, called LAV-2 by the French and HIV-2 by the U.S., has already been reported in West Africa and Europe.

A careful analysis of the facts indicates that a holistic treatment for AIDS relies on treatment for *Candida* infection, and possibly even an examination of the current lifestyle practices of human beings on this planet; in particular, patterns of food consumption.

Meanwhile, AIDS itself continues to be enormously profitable - for researchers, the media and religious moralists.